



by Andrew Wilhelm and Michael Hellman

In the winter of 2021, my new Platoon Sergeant and I sat down over coffee and began building our new partnership. I had seven months of Platoon Leader time under my belt and a relationship with my first PSG that we both considered highly effective. However, I understood the importance of establishing initial expectations and wanted to set our team up for success. During that initial counseling, SFC Hellman and I discussed our families, backgrounds, and goals for the Army. We spoke frankly about the Platoon's strengths and weaknesses, set joint goals, and identified an initial action plan. By the end of the session, it was evident that we would work well together and that the counseling had gone well. But, as would become his habit, SFC Hellman showed me how we could improve our session. He introduced me to the "yours, mine, ours" exercise.

### Share this:

- [Email](#)
- [Tweet](#)
- 

- [Print](#)
- [WhatsApp](#)