



by BG Brett Funck

It's likely "coach, teach, and mentor" is a familiar phrase for those in the Army. However, understanding and differentiating the three items is less familiar. The Army is growing its exposure to executive coaching and learning along the way. The focus of this short article is executive coaching, how it differs from mentoring, and possible risks.

A leader most commonly selects a mentor to provide guidance, advice, support, and insights based on their years of experience. Simply put, the younger leader asking questions of the more seasoned leader. The mentor provides insights and most commonly a path to solution. This is the most common form of mentoring, but not the only way. Mentoring still belongs in the Army; however, leader growth is more significant with a complementary mixture of mentoring *and* executive coaching.

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