



“You’d get where you want to go faster and we’d all get to a better place together if we were able to act with more courage. Fear is a force that holds us back.”



RYAN HOLIDAY
Bestselling Author, Creator of *The Daily Stoic*

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Bestselling author Ryan Holiday discusses his latest book, [Courage is Calling: Fortune Favors the Brave](#). Joe and Ryan talk about how fear can hold us back from personal growth, helping others, and making a positive impact in our communities. During the episode, the two share personal stories of overcoming fear and doubt along with those of influential people who answered their own callings.

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About Ryan Holiday (@RyanHoliday)

Ryan Holiday is the bestselling author of [Trust Me, I'm Lying](#); [The Obstacle Is the Way](#); [Ego Is the Enemy](#); [Conspiracy](#) and other books about marketing, culture, and the human condition. His work has been translated into over 30 languages and has appeared everywhere from the New York Times to Fast Company. His company, [Brass Check](#), has advised companies such as Google, TASER, and Complex, as well as multiplatinum musicians and some of the biggest authors in the world. He lives in Austin, Texas. (Bio courtesy of [RyanHoliday.net](#))

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