

FROM
THE GREEN
NOTEBOOK

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“Humans thrive and survive because we function in groups.”

SEBASTIAN JUNGER
Author of *Freedom, Tribe, and War*

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Joe sits down with Sebastian Junger to discuss his latest book, *Freedom*, and examine what this word means in modern society. In discussing the book, Junger recounts his 400-mile journey along east coast railroad lines while dodging police officers, sleeping under bridges, and walking through tough neighborhoods. They also talk about why combat deployments are such a powerful force in the lives of those who've experienced them. Finally, Junger

shares leadership lessons he observed when embedded with the Northern Alliance before 9/11 and U.S Military units after 9/11.

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About Sebastian Junger (@sebastianjunger)

Sebastian Junger is the #1 New York Times Bestselling author of [THE PERFECT STORM](#), [FIRE](#), [A DEATH IN BELMONT](#), [WAR](#), [TRIBE](#) and [FREEDOM](#). As an award-winning journalist, a contributing editor to Vanity Fair and a special correspondent at ABC News, he has covered major international news stories around the world, and has received both a National Magazine Award and a Peabody Award. Junger is also a documentary filmmaker whose debut film [“Restrepo”](#), a feature-length documentary (co-directed with Tim Hetherington), was nominated for an Academy Award and won the Grand Jury Prize at Sundance.

“Restrepo,” which chronicled the deployment of a platoon of U.S. soldiers in Afghanistan’s Korengal Valley, is widely considered to have broken new ground in war reporting. Junger has since produced and directed three additional documentaries about war and its aftermath. [“Which Way Is The Front Line From Here?”](#), which premiered on HBO, chronicles the life and career of his friend and colleague, photojournalist Tim Hetherington, who was killed while covering the civil war in Libya in 2011. [“Korengal”](#) returns to the subject of combat and tries to answer the eternal question of why young men miss war. [“The Last Patrol”](#), which also premiered on HBO, examines the complexities of returning from war by following Junger and three friends—all of whom had experienced combat, either as soldiers or reporters—as they travel up the East Coast railroad lines on foot as “high-speed vagrants.” –Courtesy of <http://www.sebastianjunger.com>

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